



# NIKISKI SENIOR CENTER

## DIRECTOR'S MESSAGE

The annual January Board of Directors Elections Meeting was a success! I want to thank the outgoing board members for their time and service and welcome the incoming board members. We are ecstatic to be working with a new and ambitious board that brings tremendous experience in grant writing, finances, love for the community we serve, along with new and ambitious ideas. We have a lot to accomplish this coming year with a focus on preparing for an additional 8 housing units and continued growth of our in-house transportation services.

The New Year has officially begun! Below you will see the NSC Team with their thinking caps on as we set goals and objectives for the year. Remember, we welcome your input. If there is a service or activity you would like to see or lead please come in and chat with me.

Cheers to an exciting and productive New Year!

*Sasha*



Center Hours:  
Monday through  
Thursday  
8 am to 4 pm  
Friday 8 am to 2 pm  
907.776.7654



All current events are posted on our Facebook page.

# Congratulations!

## Nikiski Senior Center Board 2022



### Senior Center Board

#### Meetings

@ 1:00pm

February 16

March 16

April 20

May 18

June 15

July 20



Wayne Ogle  
President



Elaine Bakk  
Vice President



Jeff Laube  
Treasurer



Sue Kanour  
Secretary



Mike Newcomb  
Board Member



Janet Hudson  
Board Member



Myrna Dyer  
Board Member



Jean Taylor  
Board Member



Joe Ross  
Board Member

**YOUR VOICE  
MATTERS**

**REMINDER—IT'S  
TIME TO RENEW  
YOUR ANNUAL  
MEMBERSHIPS!**

You can renew  
online, in  
person, by  
mail or even  
call with a  
credit card!



visit our  
website!







Our own Carol Joy was honored to officiate the wedding ceremony for 2 of our NSC members, "Mr. & Mrs. O'Ney", on January 22, 2022

"Yarn Puppies" were so fun on Wednesday Craft Day!



**THE NIKISKI SENIOR CENTER  
WILL BE CLOSED  
MONDAY, FEBRUARY 21, 2022**



“

**ALL YOU NEED  
IS LOVE. BUT A  
LITTLE CHOCOLATE  
NOW AND THEN  
DOESN'T HURT.**



CHARLES M. SCHULZ  
CARTOONIST

”

*Sincere  
Condolences*

**TO THE FAMILY & FRIENDS  
OF**

**Jack Taylor**



# BINGO

Saturday

2/12/22 & 2/26/22

at the

**Nikiski Senior Center**

6-9 PM (doors open 5 pm)



## FRIDAY

# MOVIE NIGHT

FEBRUARY 4 & 18

AT THE NIKISKI SENIOR CENTER



MEMBERS ARE FREE  
\$10 FOR EVERYONE ELSE

MOVIE CHOICE(S)  
WILL BE POSTED ON FACEBOOK

WHAT: PAINT & SIP  
WHERE: NIKISKI SENIOR CENTER  
WHEN: FRIDAY, FEBRUARY 11, 2022 FROM 1-4  
PRICE: \$35/PERSON

Join us at the Nikiski Senior Center for a Paint and Sip Party!

Only 20 seats available!



**AK Tuff  
Boots  
&  
Flowers**



There are 20 spaces available. Please call (907)776-7654 to reserve your spot.  
(Due to limited seating, payment is preferred at time of reservation)

Yoga  
Wednesdays  
9:30-10:30 am



Pinochle  
Thursdays  
12:30-4 pm

Cribbage  
Saturdays  
1-5 pm



# BIBLE STUDY

THURSDAYS 1-2PM



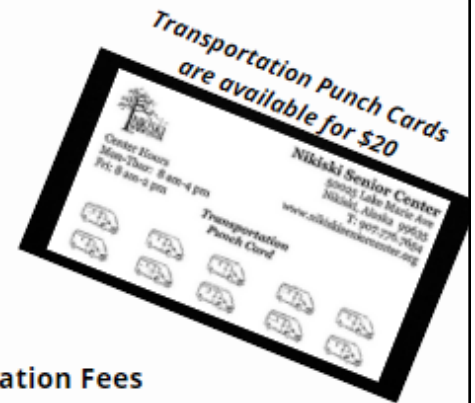
## TRANSPORTATION

### All Transportation

- Requires 24 hour notice
- Must be 55+
- Masks are required at all times while in vehicle

### Free Rides to/from NSC!

We are now offering Free roundtrip transportation to the Nikiski Senior Center for lunch and activities offered M-F during normal business hours!  
*Boundaries are South Miller to Captain Cook*



### Other One-Way Transportation Fees

- Nikiski - Nikiski... 1 punch (\$2)
- Nikiski - Kenai... 2 punches (\$4)
- Nikiski - K-Beach... 3 punches (\$6)
- Nikiski - Soldotna... 3 punches (\$6)
- Extra Stop(s)... 1 punch each (\$2)

Call 907.776.7654 for more information



**Sunday Brunch**  
at the  
**Nikiski Senior Center**  
**February 13, 2022**

**11 am - 2 pm**

**Valentine Special - Couples \$15**

**\$10/person (cash or check)**

*Kids 10 & under are \$5 ea*

Reservations are appreciated

*This is a "brunch",  
NOT an all you can eat buffet.  
Thank you for understanding.*

### MENU

French Toast, Bacon, Sausage, Hash Browns  
Biscuits & Gravy, Denver Scramble  
Pork Chops, Fruit & Danish Bar  
Assorted Danishes

Join Us!



## "SILVER & FIT" WITH TERI

AT THE NIKISKI SENIOR CENTER



MONDAYS  
10:30-11:30 AM



FREE FOR NSC  
MEMBERS  
(\$5 FOR NON-  
MEMBERS)



TERI WILL MODIFY MOVES TO  
ACCOMMODATE ALL LEVELS





### **Yoga with Katrina at Bella & Beyond**

Join us on Wednesdays at 9:30 am for Yoga zoom. You are welcome to come into the center or join from the comfort of your own home. Weekly zoom links will be posted on our Facebook page or give us a call to have the link emailed to you. This is a free activity for all members.

### **LIVE Music on Wednesdays**

Thank you Nikki for continuously blessing us with your talent.

We welcome anyone with a musical gift to play.



### **Nikiski Senior Center or Service Area Boards**

We are always recruiting for caring individuals that truly want to play a vested roll in their senior community. Once a month or quarterly meetings are required. Join us today and make a difference.

### **Silver Squad**

Provide companionship, a warm heart, and a friendly conversation to help support our seniors as they isolate at home. These calls or visits provide emotional support, safety check-ins, and a connection to our senior community.

### **Helping Hands**

Looking for men and women with basic home repair skills to help seniors and the disabled to live in the comfort and safety of their own home.

**Find out how you can pay it forward and become a volunteer!**

**776.7654**

\* All volunteers must be able to pass a background check.



Pantry Hours:  
Mon-Fri  
9 am to 2 pm





**Book Your Party Today!**  
 Nikiski Senior Center can help with your catering needs. Call (907)776-7654 for details and pricing.



dinners done  
**FREEZER MEALS WORKSHOP**

Imagine:  
 - No nightly dinner prep/cleanup  
 - Better grocery budgeting  
 - Healthier eating habits

2 hours  
 + fresh ingredients

10 MEALS FOR A FAMILY OF 5  
 20 MEALS FOR A FAMILY OF 2

Next Workshop **February 10, 2022 from 4-7 pm**



Join us for our monthly Freezer Meal Workshops. Ingredients and supplies provided. Menu changes monthly. Call 776-7654 to sign up today. **Cost is \$150.** "Around the World" is menu choice for February.

**Freezer Meal Workshop**  
 Call the NSC for menu details and to sign up!  
 Space is limited!  
**Thursday**  
**February 10, 2022**  
**4-7 pm**  
**\$150**

**Meals on Wheels**

We are now providing Meals on Wheels to our community in the age range of 18 and older receiving Medicaid Waiver Services. This will allow us to care for our community members in need and seniors.

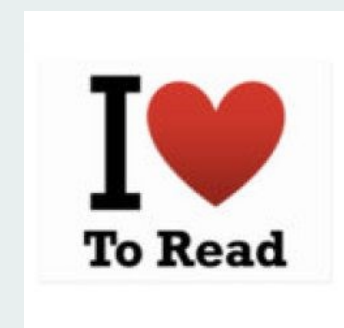
**Senior Benefits Program**

Alaska residents age 65 and older may qualify for a monthly payment from the Senior Benefits Program. Monthly payments are \$76, \$175, or \$250 depending on your annual income. Applications are available for mail out or pick up from the center.

**Kelly's Corner**

Famous Corn Fritters— Mix together: 2 tsp baking powder, 1/2 tsp sugar, 1 tsp salt, 1 cup milk, 2 cups flour, 2 eggs, 1 can kernel corn (drained), 2 T shortening. Drop spoonfuls into hot oil and fry 7 minutes or until done.

**February is Love of Reading Month!**  
**It's the perfect time for book club to select a new book! What are some of your favorite books?**







February  
IS MY BIRTHDAY MONTH  
*-yes the whole month-*



- |                     |                     |                       |
|---------------------|---------------------|-----------------------|
| 2/4 Sharon Anderson | 2/14 Sharon Bystedt | 2/21 Nicki Baier      |
| 2/4 John Heft       | 2/14 Sharon Weeks   | 2/21 Mary Kennedy     |
| 2/4 John Strother   | 2/16 Butch Ewing    | 2/22 Paula Bute       |
| 2/5 Lawrence Nudson | 2/16 Fred Miller    | 2/24 Barbara Kaufman  |
| 2/5 Mike McBride    | 2/17 John Macanas   | 2/25 Mike Chenault    |
| 2/5 Ed Hornstra     | 2/19 Jana Halverson | 2/25 William Hartline |
| 2/5 Jack Taylor     | 2/19 George Dudley  | 2/27 Peg Paulson      |
| 2/6 Beverly Waldrop | 2/20 John Kennedy   | 2/28 Winona Lee       |
| 2/11 Milan Galey    | 2/20 Chuck Grimm    |                       |
| 2/13 Matt Michaels  | 2/20 Sue Kanour     |                       |

T U M Z A R U P T B Y X W J G Z X H Z V E H E C D K I H N Y  
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 Z I E M A A I U B G S J F A A W W D C A T M H T X R N U T Y

BARB  
DUDLEY  
SHARON  
ANDERSON  
JOHN  
HEFT  
STROTHER  
LAWRENCE  
NUDSON  
MIKE  
MCBRIDE  
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HORNSTRA  
JACK  
TAYLOR  
BEVERLY  
WALDROP  
MILAN  
GALEY  
MATT  
MICHAELS  
BYSTEDT  
WEEKS  
BUTCH  
EWING  
FRED  
MILLER  
MACANAS  
JANA  
HALVERSON

GEORGE  
KENNEDY  
CHUCK  
GRIMM  
SUE  
KANOUR  
NICKI  
BAIER  
MARY  
PAULA  
BUTE  
BARBARA  
KAUFMAN  
CHENAULT  
WILLIAM  
HARTLINE  
PEG  
PAULSON  
WINONA  
LEE



## NIKISKI SENIOR CENTER FEBRUARY 2022 LUNCH / ACTIVITIES CALENDAR

ENTRÉE \$5  
 SALAD \$5  
 ENTRÉE & SALAD \$8  
 SALAD BAR CLOSED FRIDAYS

**ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!**  
 Please call 776-7654 by 10 am to order a lunch for pick-up  
 Pick-up time will remain 11:30 am  
 Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Mon	Tue	Wed	Thu	Fri	Sat
7 Pork Fried Rice Pot Stickers Veggies Dessert  <i>Silver &amp; Fit 10:30-11:30 am</i>	1 Shepherds Pie Dinner Roll Veggies Dessert	2 Fried Chicken Mashed Potatoes Dessert  <i>Crafts 12:30-3 pm</i>	3 Chinese Pepper Steak Rice, Eggrolls Veggies Dessert  <i>Pinochle 12:30-4 pm Bible Study 1-2 pm</i>	4 Chili Dogs Onion Rings Soup Shakes  <i>Movie Night 6-9 pm</i>	5          <i>Cribbage 1-5 pm</i>
14 Meatloaf Mashed Potatoes & Gravy Rolls Veggies Dessert  <i>Silver &amp; Fit 10:30-11:30 am</i>	8 Stuffed Cabbage Rolls Rice Frybread w/honey butter Veggies Dessert	9 Fried Chicken Mashed Potatoes Dessert  <i>Crafts 12:30-3 pm</i>	10 Marinated Pork Chops Au gratin Potatoes Veggies Dessert  <i>Pinochle 12:30-4 pm Bible Study 1-2 pm Freezer Meal 4-7 (\$150)</i>	11 Grilled Chicken Sandwich w/Bacon & Ranch French Fries Shakes  <i>Paint &amp; Sip 1-4 pm (\$35)</i>	12          <i>Cribbage 1-5 pm Bingo 6-9 pm</i>
21 <span style="color: red; font-weight: bold; font-size: 1.2em;">Closed for President's Day</span>	15 Chicken Pad Thai Rice Eggrolls Veggies Dessert	16 Fried Chicken Mashed Potatoes Dessert  <i>Crafts 12:30-3 pm NSC Board Mtg 1 pm</i>	17 Swedish Meatballs Over Noodles Veggies Dessert  <i>Pinochle 12:30-4 pm Bible Study 1-2 pm</i>	18 Grilled Bacon Cheeseburgers French Fries Rootbeer Float  <i>Movie Night 6-9 pm</i>	19          <i>Cribbage 1-5 pm</i>
28 Liver & Onion Scalloped Potatoes Veggies Dessert  <i>Silver &amp; Fit 10:30-11:30 am</i>	22 Fish & Chips Veggies Dessert	23 Fried Chicken Mashed Potatoes Dessert  <i>Zoom Yoga 9:30 am Crafts 12:30-3 pm</i>	24 Spaghetti & Meatballs Garlic Bread Veggies Dessert  <i>Pinochle 12:30-4 pm Bible Study 1-2 pm</i>	25 Reuben Sandwich French Fries Shakes  <i>Movie Night 6-9 pm</i>	26          <i>Cribbage 1-5 pm Bingo 6-9 pm</i>

SUNDAY BRUNCH — FEBRUARY 13, 2022 11 AM — 2 PM

\$10 pp (Kids 10 & under \$5ea)

Valentine Special — Couples \$15



## Activity Highlights

- Lunch drive through 11:30 am (please attempt to order by 10 am)
- **NEW** Silver & Fit: Mondays 10:30-11:30 am
- Yoga: Wednesday 2/23/22 9:30-10:30 am, in person or remote delivery
- Crafts & Coloring Club: Wednesdays 12:30 pm
- Pinochle: Thursdays 12:30-4 pm
- Bible Study: Thursdays 1-2 pm
- Cribbage: Saturdays 1-5 pm
- Freezer Meal Workshop: Thursday 2/10/22 from 4-7 pm
- Paint & Sip: Friday 2/11/22 from 1-4 pm (\$35pp)
- Movie Night: Friday 2/4/22 & 2/18/22 @ 6 pm
- BINGO: Saturday 2/12/22 & 2/26/22 @ 6 pm (doors open at 5 pm)
- Sunday Brunch: 2/13/22 from 11am-2 pm (Valentine Special—Couples \$15)
- NSC Board Meeting: Wednesday 2/16/22 @ 1 pm
- **NSC WILL BE CLOSED MONDAY, FEBRUARY 21, 2022 FOR PRESIDENT'S DAY**

Nikiski Senior Center  
P.O. Box 6973  
Nikiski, AK 99635

Phone: 907-776-7654  
Fax: 907-776-7632



PLEASE  
PLACE  
STAMP  
HERE

To: