



NIKISKI SENIOR CENTER

DIRECTOR'S MESSAGE



This month, I was invited to First National Bank to accept a generous check for \$2,500 to support the highly anticipated MySeniorCenter platform. I have dreamed of bringing this platform to our center for two years. We are eagerly preparing to use the platform to its full abilities, allowing us to reduce paper usage, streamline processes, and efficiently track attendance and essential statistics for all our

services and activities. I will share more details upon our launch, at the beginning of October.

I want to express my heartfelt gratitude to First National Bank for supporting our mission and vision. Meeting the FNB Board of Directors was a treat—what an intelligent bunch they are! They traveled from areas all around Alaska to support nonprofits in our community. It was indeed a pleasure to get to know them and be able to answer questions about all the things we are accomplishing at NSC. I was told that longtime Branch Manager Julie Wheeler is set to retire. She will be greatly missed, and her absence will be noticed for some time, by many. We wish you the best in retirement, Julie! We expect to see you for lunch more often now that you will have so much time on your hands!

Sasha

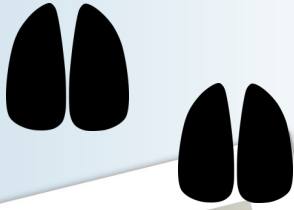


Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

visit our
website!

www.NikiskiSeniorCenter.org

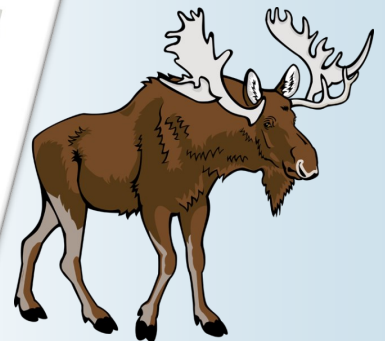




The Great Alaska Moose Hunt

was a huge success. We pulled in \$176.00 at this event!

With Money not being our first priority, our members said it was the most fun they have had in a while. That is what matters most to us. Even though Kelsey and John were sweating their tails off and couldn't move by the end of the day, they too had a blast. This may be an annual hunt. See you next year.



Nikiski Senior Center

Fall Fundraiser

SATURDAY OCTOBER 12, 2024
4 PM - 8 PM

Combo Dinner Plate & Seasonal
Vegetables
~ \$75pp

~ Kassik's Brewery ~ no host
bar

(1 beverage included with ticket purchase)

- Garden Salad
- Herb Roasted Chicken
- Bacon wrapped beef medallion
- Grilled Garlic & Lemon Shrimp
- Seasonal vegetables
- Rice pilaf

50025 Lake Marie Ave,
Nikiski, AK
Tel: 907-776-7654

Seating is limited
Call (907)776-7654
to purchase your seat
today!



Our annual fall fundraiser is quickly approaching! Do not forget to get your tickets before they are sold out! Biggest event of the year!



Wall of Guns

Silent Auction

Door Prizes



Live Bidding

Split the pot

Dollar raffles

NMHS Shayna Pritchard Volleyball Tournament

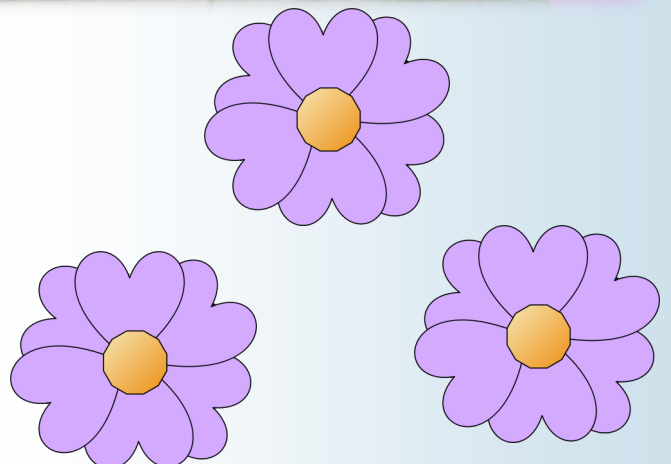


Jonathan, Toni and Natalie all having too much fun working the Snack Shack at the Shayna Pritchard Volleyball Tournament this weekend. We love to support this annual tournament. Thanks guys for sharing your Saturday with us.



A walk to remember!

It's heartwarming to hear about Kelsey's efforts in organizing a team for the Walk to End Alzheimer's. She did an amazing job, raising over \$1600 and winning 3rd place in the fundraiser. With 14 team members, next year holds even more promise. Let's hope for a future where Alzheimer's has a cure and a new color of flower blooms in its honor.



-Design your own mask to wear to the fall fundraiser and stand out in style!



Free Sewing Class
Tues Oct 8
12:30-3:00

Sewing group teachers will lead guests through the creation of a table runner. There will be fabric, sewing machines and supplies available or bring your own.

All sewists, from beginners to pros are invited.



MASK DECORATING ACTIVITY

Thursday October 3rd 4-6 pm

OR

Wednesday October 9th 1-3 pm

\$5 Fee for the mask and supplies

Please RSVP By October 1 St



Nail Care Clinic

October 10th



Sign up at the front desk or call to make an appointment.

Nikiski Senior Center
Presents

Senior Round Up Dance

November 15th
6:30-8:30pm

\$5 Cover Fee
Snacks and Drinks Provided
Lessons Will Be Included



NSC Board Meetings 2024

@1:00PM

October 23rd

Service Area Board Meetings

@4:00PM

October 23rd



Delicious

CREAMY LEMON CHICKEN

- 3 Large chicken breast
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 6 tablespoon flour
- 2 tablespoons olive oil
- 2 tablespoons unsalted butter
- 3 cloves garlic
- 1 cup chicken stock
- 1 cup heavy cream
- 4 teaspoons fresh lemon juice
- 1/2 cup parmesan cheese



Season chicken with salt and pepper, then dredge n flour and shake off any excess. In skillet heat olive oil and 1 tablespoon butter on medium heat, add chicken and brown. Transfer to plate. Melt 1 tablespoon of butter and saute the garlic for a minute, add the chicken stock and deglaze pan. Adjust the heat to medium-low and add heavy cream, lemon juice and parmesan cheese to the skillet. Allow to gently simmer for a couple minutes. Season with salt and pepper to taste and add chicken back to the pan, let thicken a few minutes.

Serve over rice or potatoes.

Prep time 10 minutes | Cook time 15 minutes | Total time 25 minutes

Looking for candy donations for our Trick or Treat Alley.



GOOD MORNING

Enjoy coffee or juice & a treat
Bring a friend!

Monday-Friday
During Regular Business Hours

(Donations Appreciated)



Who is going to win the Halloween costume contest? Don't forget to dress up and join us for spaghetti and meatballs on Halloween!



Quilt Raffle

NIKISKI SENIOR CENTER
DRAWING WILL BE OCTOBER 12, 2024

*SIZE: QUEEN * NAME: LOG CABIN QUILT *

PRICE: \$10 PER TICKET

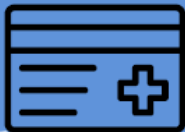


PERMIT #1489



OPEN ENROLLMENT IS OCT 15-DEC 7

Meet with a certified Medicare
Specialist from ILC



Nikiski Senior Center

50025 Lake Marie Dr.

Nikiski

10-24-24 FROM 9:00 TO 3:00

BY APPOINTMENT ONLY

CALL (907)776-7654 TO SCHEDULE

BINGO
Potluck Style
At The Nikiski Senior Center
SATURDAY OCTOBER 26TH
3 PM - 6 PM
\$23.00 PER PACKET
(DOORS OPEN @ 2:00PM)

FALL
FUNDRAISER
MENU

Starter

Cesar Salad
Sourdough Rolls

Main Course

Bacon Wrapped Beef Tenderloin
Herb Roasted Chicken
Grilled Garlic & Lemon Shrimp
Asparagus
Garlic Mashed Potatoes

Dessert

Sorpresa Dello Chef



AUCTION

Seeking donations for Fall Fundraiser if you or any business you know of would like to donate cash, gift certificates or items for silent auctions please contact the center! We appreciate your help.



**Food
Pantry Hours:**
Mon-Thurs
9 am to 2 pm
Fri
10am to 1pm



Good bye to a few of our snow birds. They are flying South for the winter, lucky ducks. We will miss you guys, see you in the spring!



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.



KENAI PENINSULA FAMILY
CAREGIVERS SUPPORT PROGRAM

OCTOBER

Support Groups

10/2/2024 Kenai Senior Center

“Stronger Together”

2-3:30pm

10/3/2024 Tyotkas Elder Center

10:30 - 11:30 am

10/4/2024 Soldotna Senior Center

1:00 - 2:00 pm

10/7/24 Seward Senior Center

11:30am - 1:30 pm

10/17/2024 Sterling Senior Center

1:00 - 2:00 pm

10/29/2024 Nikiski Senior Center

“The Empowered Caregiver”

w/ Cindy Harris, Alzheimer’s

Association

1:00 - 2:00 pm

10/31/2-24 Homer Senior Center

1:00 - 3:00 pm





October Birthdays



Sue Schiestl 10/1

Janice Tapp 10/11

Sheila Chandler 10/27

Denise Poziembo 10/3

Rosemary Pilatti 10/11

Dolores Wic 10/27

Daniel Orehek 10/3

Lou Smith 10/11

Jeanne Doolittle 10/28

Sue Wesley 10/3

Fred Sanders 10/14

Lisa Greenleaf 10/28

Kathy Gillmoreth 10/5

Geri Brigham 10/17

Deb Denton 10/28

Wayne Pattison 10/9

Jean Taylor 10/21

John Walker 10/30

E O T R I C K O R T R E A T U W S G A R X F X T F
 B K E C S N B X H W C R K J U P D P S T S O H G G
 B H A R V E S T E B X V R V C V L F Q U Y Z G K M
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HALLOWEEN
 GHOSTS
 OKTOBERFEST
 BLACKCAT
 WITCH
 SPOOKY
 SPIDER
 TRICKORTREAT
 CANDY
 COSTUMES
 AUTUMN
 WINDY
 ALASKADAY
 HARVEST
 CORNMAZE
 PUMPKIN
 JACKOLANTERN
 SCARECROW
 APPLES
 HAUNTEDHOUSE
 OCTOBER
 HAYRIDE

NIKISKI SENIOR CENTER

Lunch Menu
October 2024

*In The Kitchen With
Zanetta & Jonathan*

ENTREE OR SALAD \$7

ENTRÉE & SALAD \$10

Mon	Tue	Wed	Thu	Fri	
Fried Chicken moved to every other Wednesday!	1 Butter Chicken Rice Naan Bread	2 Fried Chicken Mashed Potatoes Veggies	3 Pizza Vegetables Clam Chowder	4 Pulled Pork Sandwich Coleslaw Frozen Dessert	
	7 Hamburger Steak W/ Mushroom & Onions Roasted Veggies	8 Chicken Tacos Black Beans Roasted Corn	9 BBQ Drumsticks & Thighs Baked Beans Veggies	10 Pot Roast Mashed Potatoes with Gravy Veggies	11 Grilled Turkey w/ Mushroom Hoagie Frozen Dessert
	14 Cheese Burger Onion Rings Veggies	15 Chile Relleno Casserole Hashbrowns	16 Fried Chicken Mashed Potatoes Veggies	17 Pork Stir Fry White Rice Veggies Clam chowder	18 Pesto Ranch Chicken Pita Potato Wedges Frozen Dessert
	21 Pork Medallions Mashed Potatoes Gravy Veggies	22 Beef Tacos Refried Beans Spanish Rice	23 Chicken Marsala Fettuccini Veggies	24 Ancient Grains W/Reindeer Sausage Fresh Bread	25 Ham Turkey Swiss Sliders Steak Fries Frozen Dessert
	28 Biscuits & gravy Eggs Sausage Patties	29 Seafood Alfredo Veggies Garlic Bread	30 Fried Chicken Mashed Potatoes Veggies	31 Spaghetti Meatballs Garlic Bread Chowder	
	<p>ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!</p> <p>Please call 776-7654 by 10 am to order a lunch for pick-up</p> <p>Pick-up time 11:30 am</p>				

No Salad Bar on Friday

Menu Subject to Change

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

Activity Highlights

- Silver & Fit: **Mondays AND Thursdays @ 10:00-11:00 am**
- Cribbage (**NEW!!**) Mondays @ 1:00 pm
- Sewing Class: **Tuesdays @ 12:30-3:00 pm**
- Yoga (via zoom): **Wednesdays @ 9:30-10:30 am**
- Blood Pressure checks: **Wednesdays** by Nikiski Fire Dept., when available
- Crafts & Coloring Club: **Wednesdays @ 12:30-3:00 pm**
- Pinochle: **Thursdays @ 12:30-4:00 pm (Looking for experienced players!)**
- Bible Study: **Thursdays @ 1:00-2:00 pm**
- **Oct 3rd & 9th Mask making activity**
- **Oct 10 Nail Care**
- **Oct 12 Fall Fundraiser**
- **Oct 23rd NSC Board Meeting 1:00 pm**
- **Oct 24th Medicare Enrollment 9:00am - 3:00pm**
- **Oct 26th BINGO!**
- **Oct 29th Alzheimer's Presentation 1:00pm**

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE