



(Assistant)
DIRECTOR'S MESSAGE

Spring is arriving! Such a weird winter we have had this year. Don't sleep on it yet, though. Mother Nature always has a way of storming back in. And the constant thawing and freezing has made for slick roads and parking lots. Keep wearing your cleats to avoid those falls.

Our Valentine's Dinner was another big hit this year. Big thanks to Seth Malone for adding musical entertainment to our event. And Kudos to Bill Lockner and Jonathan for an amazing meal!

We brought in Timi Tullis again this year to provide training to our Board of Directors. As always, a lot of great information was taught to our Board members and administration personnel. We look forward to her return next year.

On deck this month, we are planning another fundraising dinner. The North Road Legends dinner promises to be a fun filled night of stories about life in Nikiski along with dinner service.

Also, don't miss out on Corned Beef & Cabbage on St. Patrick's Day, Monday March 17th!

If you are curious about why we are having numerous small fundraisers this year, we have decided to move our Annual fundraiser to the Spring. Since we didn't want to schedule the upcoming one so close to our last one, we decided to inaugurate our new annual fundraiser in May of 2026. The mini-fundraisers we are holding throughout this year support the Thelma McConnel Scholarship fund which we administer. Once we meet that obligation, additional proceeds will be used to continue supporting Senior activities here at the Center.

John



Center Hours:
Monday through
Thursday
8 am to 4 pm
Friday 8 am to 2 pm
907.776.7654

visit our
website!

www.NikiskiSeniorCenter.org



VALENTINES DINNER



TAX PREP SERVICES

March 28th
3:30 pm- 6 pm.

Call Nikiski Senior Center
907-776-7654 or Stop by
to set up an appointment.



Join us as we to build NIKISKI SENIOR CENTER COMMUNITY GARDEN

We hope to clear the land and build a fence around the garden plot. If you know anyone who has heavy equipment or willing to help out, please call the center 907-776-7654 and talk to John.



ARE YOU 65 YEARS OR OLDER AND NEED TO SIGN -UP FOR MEDICARE PART B?

You still can enroll during the Genral Enrollment Period(GEP),
which is January 1 st through March 31 st.

You can sign up for Medicare during the GEP If:

- You were receiving benefits at 65 and were automatically enrolled in Medicare but declined Part B.
- You did not sign up for Part B during your initial Enrollment Period.
- You missed or didn't have a Special enrollment period
- Your Part B ended because of non-payment of premiums or voluntary withdrawal.
- You have to pay a monthly premium for Part A, and you didn't sign up when you were first eligible. Part A is not free if you didn't work long enough under social security, and you aren't eligible on the record of a spouse. *Note: If you are not eligible for Part A at no cost, you can have Part B without buying Part A.*

How do I sign up?

The Centers for Medicare & Medicaid Services (CMS) is in charge of the Medicare program. However, Social Security Administration processes applications for Parts A and B. You can complete the CMS 40B – Application for Enrollment in Medicare-Part B and fax, mail, or drop off the completed form at your local Social Security office. Or you can make a video, phone, or in-person appointment by calling SSA at 1-800-772-1213, Monday through Friday, 8:00 a.m. to 7:00 p.m

After you sign up for Part B, you can also pick a Medicare prescription drug plan (Part D). You sign up with a private insurance company, not Social Security.

If you declined Part B, you may pay a penalty for delayed enrollment. The penalty may increase the longer you wait to sign up.

May your troubles be
less and your blessings
be more ...
Irish Blessing



Board Meeting

NSC Board Meetings
3/26/2025
@ 1pm

Service Area Board Meetings
4/23/2025
@ 4pm



*Read 20 minutes a day
and you'll read
1,800,000 words
per year.*

*An average American
college graduate reads
only 5 books in his life
after graduation.*



KENAI PENINSULA FAMILY CAREGIVER SUPPORT PROGRAM

March Schedule 2025

Caregiver Support Groups & Trainings

Wednesday, March 5th- Kenai Senior Center 2pm-3:30pm

Thursday, March 6th- Tyotkas Elder Center 10:30am-11:30am

Friday, March 7th- Soldotna Senior Center 1pm-2pm
~Emergency Preparedness Training~
(Registered Caregivers will go home with a bugout bag)

Thursday, March 20th- Sterling Senior Center 1pm-2pm
~Emergency Preparedness Training~
(Registered Caregivers will go home with a bugout bag)

Tuesday, March 25th- Nikiski Senior Center 1pm-2pm
~Building Foundations of Caregiving~
Alzheimer's Association By Cindy Harris



Kenai Peninsula Family Caregiver
Support Program

FAMILY CAREGIVER TRAINING

Are you a registered caregiver? Join us for this exciting training led by Valerie Flake! All registered caregivers will go home with a starter emergency bugout bag.

BACKPACKS INCLUDE:

- NOAA Ultra Emergency Radio
- General Medi (215 Piece) First Aid Kit
+ 43 piece Mini First Aid Kit
- 2 N95 Masks
- 2 Garbage Bags
- 2 Pairs of Large Nitrile Gloves
- Hand Sanitizer
- 1 P51 Camping Can Opener
- Life Straw Personal Water Filter

Follow us on Facebook!



Scan QR Code!

Contact Us
907-776-7654



1 PM - 2 PM

7

MARCH

**SOLDOTNA
SENIOR
CENTER**

197 W PARK AVE
SOLDOTNA, AK 99669

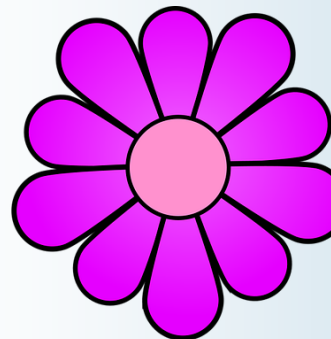
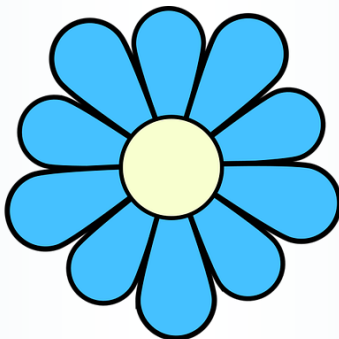
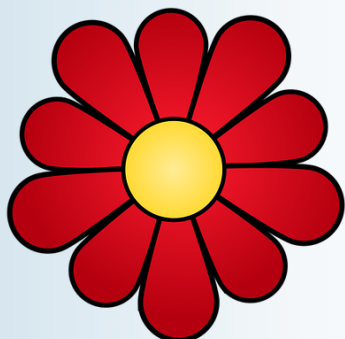
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MARCH

**STERLING
SENIOR
CENTER**

34453 STERLING HWY
STERLING, AK 99672



Birch & Cardinal Sip & Paint

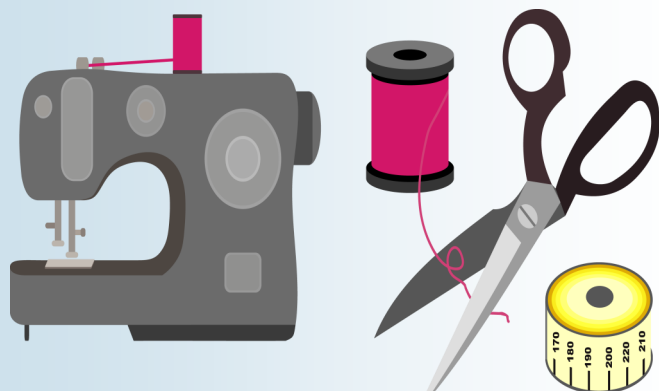


Seashell Acrylic Class

Thank You Martie Hotchkiss for teaching a delightful class



The Sewing Group offers a monthly, free sewing class. The next project is a Lovely Potholder. Class is Tuesday, March 11, 12:30-3:00 pm. Group member Rose Pilatti is teaching. Please bring your own fabric and supplies or use ours. All ages are welcome!



Sewing Group Block of Month



Sewing group is starting a block of month program. They are doing a Gemstone Quilt. First block is called Ruby Block. If you want to join in, please let Marie Fitts know or call the Nikiski Senior Center.

The Sewing Group welcomes new members with any level sewing skills. If you like to sew, please come join their group. They meet weekly Tuesday 12:30PM– 3:00 pm.







**Food
Pantry Hours:**
Mon-Thurs
9 am to 2 pm
Fri
10am to 1pm



Qualified seniors can shop from the NSC Pantry every two weeks for supplemental food items such as but not limited to:

- Hamburger
- Chicken
- Pork
- Canned vegetables
- Canned fruit
- Lunch items
- Breakfast items
- Boxed meals
- Hygiene items
- & more

The NSC Food Pantry is graciously funded by KPB, individual donors, and state grants.

What's Happening

NORTH ROAD LEGEND DINNER FUNDRAISER

MARCH 15@6:00 PM
\$100 PER TICKET

Guests will have an immersive evening of local tales, food, and live entertainment.

This dinner supports the Thelma McConnell scholarship fund

QUILT AND WEARABLE ART SHOW COMMITTEE COULD USE THE HELP.

They need signs made for their quilt show in July. Materials and paint will be provided. Call Nikiski Senior Center 776-7654 if you can help.

March For Pennies

Pennies are no longer being made. Let us take them off your hands. Bring your pennies to the Nikiski Senior Center during March and help a good cause. Fill up the Owl jar that is sitting on front desk. Pennies donated will be used for the Thelma McConnell Scholarship Fund.

Flower or Aurora

Acrylic Pour

March 26'2025@1-3 pm
Please RSVP by March 19



March Crafts

Week 1 Clover Card

Week 2 St. Patrick's Day Gnomes



Week 3 Flower Power

Week 4 Flower or Aurora Acrylic Pour



BINGO

POTLUCK STYLE
BRING A DISH AND A FRIEND
SATURDAY MARCH 8 TH & 22 ND
3:00 PM - 6:00 PM
DOOR OPEN AT 2:00
\$ 23.00 PER PACKET





March's Birthdays



Scott Larson 3/1
 Dan Gordon 3/2
 Frankie DeRossitt 3/3
 Scott Marine 3/3
 Linda Cole 3/4
 Jack Kyle 3/4
 Patty Hert 3/5
 Robin Feltman 3/6
 Maralee Hoover 3/6
 Mark Johansen 3/6
 Tom Trueax 3/7
 Henia Minium 3/12

Leon Marcinkowski 3/13
 Shawn Webb 3/15
 Jon Harman 3/17
 Carol Joy 3/17
 Donna Ruth Weaver 3/18
 Alan Bute 3/19
 Nadine Gabbett 3/20
 Diana White 3/21
 Suzette Huber 3/23
 James Decker 3/24
 Lena Flensburg 3/24
 Lisa Baird 3/25

Steve Croft 3/25
 Ron Jordan 3/25
 Katie Juliussen 3/26
 Martin Vandenburg 3/26
 Glenn Chandler 3/27
 Ellen Krsnak 3/27
 Sam Hodena 3/28
 Carrie Anderson 3/29
 Helen Ogle 3/29
 Mickey Bowen 3/30
 Joe Coup 3/30
 Bernie Titera 3/30

D R D K S E S B Y K M M W Y T X W C I P H P D W Q
 W H K B V B Y V W C N C O S P V V Y F G F W S Y C
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 M U I P C I X C I S D Y E R S P K P W K G Z J Q R
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 A H G D D A O F G J H R B R P X M D C Z H J Z E G
 S A H G R T R X N P H X T E X M R C J K U P V Y N
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 F B J F W T I T N V I R I J P X D L Q R U Y P M S
 Z Z L T E U R I E Q U T S K X S Y N F I B A Y Q E

LEPRECHAUN
 SHAMROCK
 SPRING
 EQUINOX
 IRISH
 LUCKY
 MARCHMADNESS
 POTOFGOLD
 PARADE
 GREEN
 SHENANIGANS
 STPATRICK
 RAINBOW
 PIDAY
 HORSESHOE
 PINCH
 EMERALD
 IRELAND
 CORNEDBEEF
 CABBAGE

NIKISKI SENIOR CENTER

ENTREE OR SALAD \$7

Lunch Menu

*In the Kitchen
With Jonathan*

ENTRÉE & SALAD \$10

March 2025

Mon	Tue	Wed	Thu	Fri
3 Korean Beef Rice Bowl Cabbage/Carrots Dessert	4 Butternut Squash Casserole Brown Rice Dessert	5 Baked Chicken Corn Bread Sweet Potatoes Roasted Green Beans Dessert	6 Pizza Bacon Mac N Cheese Dessert	7 Meatball Sub Fries Dessert
10 Spaghetti Garlic Bread Mixed Veggies Dessert	9 Pulled Pork Sandwich Cole Slaw Dessert	10 Fried Chicken Mashed Potatoes Roasted Veggies Dessert	11 Shrimp Alfredo Whole Wheat Bread Broccoli/Cauliflower Dessert	12 Chef Special Burger Day Fries Ice Cream
17 Corn Beef Cabbage Potatoes Dessert	18 Corn Beef Sandwiches Jojos Dessert	19 Orange Chicken Rice Broccoli Dessert	20 Beef Fajitas Brown Rice Beans Dessert	21 Grilled Cheese Mozzarella Sticks Tomato Soup Dessert
24 Vegetable Coconut Thai Curry Jasmine Rice Dessert	25 Cheese Burger Onion Rings Dessert	26 Fried Chicken Mashed Potatoes Broccoli/ Cauliflower Dessert	27 Butter Chicken Rice Naan Bread Dessert	28 BLT JoJos Dessert
31 Biscuits Sausage Gravy Eggs Dessert				

ALL AGES CAN EAT AT THE NIKISKI SENIOR CENTER!

Please call 776-7654 by 10 am to order a lunch for pick-up

Pick-up time 11:30 am

Salad Bar opens at 11:30 am & Entrée is served at 12 pm

No Salad Bar on Friday

Activity Highlights

- Silver & Fit: **Mondays AND Thursdays @ 10:00-11:00 am**
- Sewing Class: **Tuesdays @ 12:30-3:00 pm**
- Yoga (via zoom): **Wednesdays @ 9:30-10:30 am**
- Blood Pressure checks: **Wednesdays** by Nikiski Fire Dept., when available
- Crafts & Coloring Club: **Wednesdays @ 12:30-3:00 pm**
- Pinochle: **Thursdays @ 12:30-4:00 pm (Looking for experienced players!)**
- Bible Study: **Thursdays @ 1:00-2:00 pm**
- **March 8th Bingo**
- **March 15th North Road Legends Dinner Fundraiser**
- **March 22nd Bingo**
- **March 26th Board Meeting**
- **March 28th Tax Prep**

Nikiski Senior Center
50025 Lake Marie Ave.
Kenai, AK 99611

Phone: 907-776-7654
Fax: 907-776-7632



To:

PLEASE
PLACE
STAMP
HERE